



Mark Eric "Rick" Worshtil

February 14, 1947 - May 26, 2026

Rick was born in Toledo, Ohio on February 13, 1947 and died in his 80th year of life on May 26, 2026. He grew up in a hardworking middle-class neighborhood. His residence was an upstairs duplex on Noble Street near Spring School. He attended Woodward High School where he participated in sports, music and dramatics while excelling in academics. He finished first academically in Woodward High School's class of 1965 of over five hundred students. His favorite school memories revolve around the band and orchestra. He never lost his enthusiasm for real musical talent or his memories of his good friends in the band. He was an outstanding violinist, oboist and saxophone player.

After graduating he attended the University of Michigan where he received a BA in premedical studies in 1969. He graduated from the University of Pittsburg Medical School in 1972 and remained in Pennsylvania for the remainder of his medical training. He did an internship in Internal Medicine at Mercy Hospital in Pittsburgh and completed his residency in Family Medicine in 1976 at the Washington Hospital in Washington, Pennsylvania. He was Chief Resident from 1975-1976. His professional experience was extensive and varied, serving as attending MD at an extended care facility, drug rehabilitation and occupational medicine. His title was Assistant Director of Family Practice Residency at Washington Hospital for 35 years. He held clinical academic appointments at the Penn State University College of

Medicine and the Medical College of Pennsylvania. His talents and experience were clearly directed toward teaching medical students, interns and residents. Licensures and certifications include Diplomate of the National Board of Medical Examiners, Pennsylvania Medical Licensure, and Diplomate of American Board of Family Practice.

In 1999 he was inducted into the Woodward High School Hall of Fame. In that same year he was reunited with his former high school friend, Patricia Kolling. They became inseparable and married in 2005 on Mount Hood in the State of Oregon. They moved to Bend, Oregon in 2006. He became part of the family to Pat's two children, Jenna Cichanski and Seth Cichanski and their respective spouses, Tim Lafferty and Andrea Cichanski. He was known as "Doc" to five grandchildren, Ben and Autumn Lafferty and Evan, Olivia and Alexandra Cichanski. His talent for creating skits with the grandchildren and love poems for Pat are part of his legacy. He is survived by all of the above and his brother Steve, of Dallas, Texas. He is predeceased by his parents Jack and Diane Worshtil.

At Dr. Worshtil's request there will be no memorial service. At a future date he and Pat's ashes will be comingled and spread in the mountains of Central Oregon.

Any donations should be made to the charity of your choice.

Niswonger-Reynolds Funeral Home of Bend, Oregon was honored to handle the arrangements.