



Blair Randolph Fredstrom

June 7, 1947 - March 17, 2017

Bend, Oregon On Friday, March 17, 2017, Blair went home to her place in Heaven. She was born in Salina, Kansas on June 7, 1947 to Blair and Claude Beville. She grew up living in various locations in the world as her father served in the Air Force. In college, at Nebraska Wesleyan, she met David Fredstrom. They married and eventually settled in Bend, Oregon in 1974. As David worked in his medical practice, Blair worked as a social worker for Deschutes County. They had two children, Annie and Eric, who became Blairs primary focus. She was very active in her community in PEO, chapter EW, Nativity Lutheran Church, the Bend La Pine schools and Eclectic book club. Blair had numerous challenges for many years with her health, but met them all with strength, courage and faith. She was surrounded by love when she passed from his world. She is survived by her husband, Dr. David Fredstrom, her children Eric Fredstrom and Annie Rustand, as well as four granddaughters and a grandson. She will be greatly missed as we carry her memory forward in our hearts. And the next time you go out for a meal, please raise a glass and toast Blair and her courage. Also remind those special ones around you of your unconditional love. A service will be held on Tuesday, April 18th at Nativity Lutheran Church at 4:30 PM. In lieu of flowers, contributions can be made to the Deschutes Public Library Foundation in Blairs name for the Raising a Reader program. Niswonger-Reynolds Funeral Home, Bend were entrusted with her arrangements.

Tribute Wall



“ 2 files added to the album *Obituary Wall*



Niswonger Reynolds Funeral Home & Greenwood Cemetery - May 18, 2023 at 02:29 PM

FO

“ *Blair Randolph Fredstrom*

Funeral Home Owner - August 07, 2019 at 12:00 AM

SB

“ *As a home health nurse who worked with Blair and Dr. Fredstrom, I can attest to her strength and courage, and I would add grace, that she met her health care challenges. My condolences to the family. I'm sure she will be greatly missed.*

Susan Bergstrom - April 17, 2017 at 12:00 AM

AT

“ *Dear David, I am so sorry to hear of Blair's passing. I knew her through some challenges. When we visited I so loved her proactive ideas to get life's tasks done in unusual ways. Such a bright spirit! I love that I could help some of them come to fruition. You had a lot on your table with your career, children, and Blair's support. Bless her and all that knew her and were touched in a special way.*

Allen Tenney - April 17, 2017 at 12:00 AM

SM

“ *David and Family, So sorry to hear of your loss. I am thinking of you during this most difficult time. Susan Maasch, DVM*

Susan Maasch - April 17, 2017 at 12:00 AM